

Curriculum vitae

Name: Dr. Yogesh Kumar

Age/Sex: 39 years, Male

Date of birth: 14-05-1978

Date of Joining: 10-05-2013

Designation: Assistant professor

Department: Physiology

Educational qualification:



Degree	University	Year of acquiring the degree
Under-graduation	CCS University, Meerut, UP	2003
Post-graduation	CCS University, Meerut, UP	2007
Postdoctoral		
Any other		

Awards/Fellowship (Best 3):

Name of the award/Fellowship	Awarding body	Year

Publications (Best 10):

- 1) Tribhuwan K, Yogesh K, Kamlesh Jha, Ramji Singh. Adding value to multiple choice question banking, an AIIMS Patna experience. Indian J Physiol Pharmacol 2017; 61(1):70-75.
- 2) Sanjay Pandey, CM Singh,, Alok Ranjan, Yogesh Kumar "Assessment of Cold Chain points for Routine Immunization at Primary Health centres in the Bhojpur district of Bihar" under consideration for publication in Indian Journal of Public health.
- 3) Kumar Yogesh, Agarwal Vinay, Gautam Savita. Heart Rate Variability during Examination Stress in Medical Students. International Journal of Physiology. 2013; 1(1): 83-86.
- 4) Megha Kulshreshtha, Yogesh Kumar, Vinay Agarwal and Vandana Dhama. Symathovagal imbalance in premenstrual syndrome. Indian J Physiol Pharmacol. 2013; 57(4): 443-447.
- 5) Yogesh Kumar, Vinay Agarwal. Heart rate variability during examination stress. Indian J Physiol Pharmacol. 2012; 56(5):60.

- 6) Agarwal V, Gupta B, Dev P, Kumar Y, Ahmad N, Gupta KK. Deterioration of the lung functions in type II diabetic subjects from northern India. Indian J Physiol Pharmacol. 2009; 53(2):189–91.
- 7) Yogesh Kumar, Reena Srivastava. Comparison of effects of static stretching and PNF stretching on hamstring flexibility. 2009;53:
- 8) Yogesh Kumar, Chaudhary Lalita, Reena Srivastava. “Role of walnut consumption, aerobic exercises and meditation in reliving symptoms of dysmenorrhoea in young medicos”.2013; 57.

Research: (At AIIMS Patna)

1. Ongoing:
 - a. Normative data of nerve conduction study in subjects attending different OPD's of AIIMS Patna and effect of serum electrolytes on nerve conduction velocity
2. Completed:
 - a. An examination of Relationship between Emotional intelligence and Intelligence quotient and to design activities to improve emotional intelligence in MBBS students of AIIMS Patna.
 - b. Adding value to multiple choice question banking, an AIIMS Patna experience.
 - c. Do traditional practical examination needs to be replaced by objective structured practical examination: a Study

Areas of interest: Neuro Physiology

***Clinic schedule:**

Days in OPD	Timing

(For clinician only)